

## Articulation Movements

ROM =

Active ROM =

Passive ROM=

<b>Name of Movement</b>	<b>Definition</b>	<b>Example in the body</b>	<b>Diagram</b>
<b>Angular Movements</b>			
Flexion			
Extension			
Hyperextension			
Plantar Flexion			
Dorsiflexion			
Abduction			
Adduction			

<b>Circular Movements</b>			
Rotation			
Circumduction			
Supination			
Pronation			
<b>Gliding Movements</b>			
<b>Special Movements</b>			
Inversion			
Eversion			
Protraction			
Retraction			
Elevation			
Depression			